

About Us

The Torrington Area Health District provides health services and information to twenty cities, towns and boroughs within the Northwest corner of Connecticut. Our goal is to promote and to protect the physical and environmental well-being of the citizens of the TAHD through direct services, wellness and promotion programs and community efforts.

Contact Us



Phone

860-489-0436 x322

Location

350 Main Street
Torrington, CT 06488

Website

<https://www.tahd.org>



Torrington Area Health District

TORRINGTON AREA HEALTH DISTRICT

*MEDICAL RESERVE
CORPS*

VOLUNTEER PROGRAM



Volunteering: By the Numbers

FROM 2021 TO 2022:

- 82 completed missions
- Over 2500 volunteer hours served
- Over 275 volunteers registered
- Over \$76,000.00 saved to re-allocate to other community needs
- \$55,000 awarded from national organizations to build the capabilities of the MRC



Our Outreach

Influenza Clinics

COVID-19 Clinics

PPE Distribution

Illness Prevention Efforts

Stop-The-Bleed

CPR/ First Aid

QPR Training

Community outreach

Warming/ cooling shelters during
severe weather

Assistance with community events



Medical Reserve Corps Nationally

The Medical Reserve Corps (MRC) is a national network of more than 200,000 volunteers, organized locally to improve the health and safety of their communities. MRC volunteers step up to keep their family, friends, and neighbors safe and healthy.

In Connecticut, MRC counts with 25 units made up of over 5,000 volunteers, grouped into the five Emergency Support Function-8 – Public Health (ESF-8) regions of the state.